The 7-Day Practice Test

7

Before you book a tutor, try one week of 10 minutes a day.

Child: _____ Grade: _____ Skill we are testing: _____

How it works

1. Pick ONE skill the teacher mentioned (for example: subtraction within 20, short vowel sounds).
2. Practice it for 10 minutes a day, same time each day. A book, cards, flashcards or one app quest all count.
3. After each session, fill in one row. It takes 30 seconds. Stop at 10 minutes even if it is going well.

Day	Date	Minutes	Right first try? (of 10)	Mood at start	One thing I noticed
1				○ Easy ○ OK ○ Hard ○ Tears	
2				○ Easy ○ OK ○ Hard ○ Tears	
3				○ Easy ○ OK ○ Hard ○ Tears	
4				○ Easy ○ OK ○ Hard ○ Tears	
5				○ Easy ○ OK ○ Hard ○ Tears	
6				○ Easy ○ OK ○ Hard ○ Tears	
7				○ Easy ○ OK ○ Hard ○ Tears	

Day 8: read your week

Getting easier

More right first try by day 7, mood mostly Easy or OK.

Keep 10 minutes a day. You probably don't need a tutor yet.

Flat

Scores about the same all week, mood OK.

Ask the teacher if the skill is pitched right. A tutor may help.

Getting harder

Fewer right, Hard or Tears most days, or avoiding it.

Stop drilling. Talk to the school about extra help or an evaluation.

This sheet helps you notice patterns. It is not an assessment. If you suspect a learning difficulty, ask your school for an evaluation.